

## Ring Size Guide

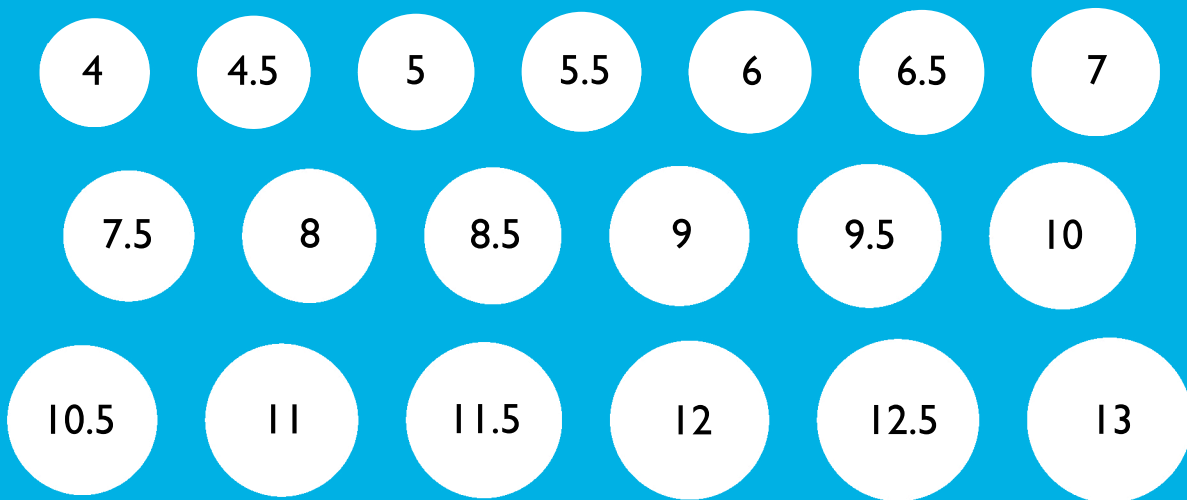
We created this guide to help you determine your ring size. Before you begin, remember that your fingers will swell when you're warm and shrink when you're cold. It is best to measure when your body is at a moderate temperature. For a wide band ring, size up a half size.

Before you begin, be sure to print this page at 100% scale on US Letter size paper.  
Check the scale by lining up a credit card along the line below.



### Measure by Matching

If you want to learn the size of an existing ring, match the inside of the ring with one of the circles below. The white space should fill the entire ring with no blue space visible. If you're in between two circles, we recommend choosing the larger circle.



### Measure by Sizing

Cut out the ring sizer below. Carefully cut the vertical dash to create a slit. Insert the arrow edge piece through the slit. Wrap the paper around your finger and pull very tightly to read your size.

